# Uterus retrieval in cadaver: technical aspects

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## **Summary**

The authors describe uterus retrieval in cadavers. Uterine retrieval with its vasculature could be successfully achieved in four of the presented cases. Special attention was given to dissection of bilateral ureters and hypogastric vasculature. Uterine retrieval with its vasculature and supporting sacrouterine, vesicouterine peritoneal folds is an anatomically feasible procedure in preparation for uterus transplantation.

Key words: Uterus retrieval; Uterus transplantation; Cadaver.

### Introduction

Although inspiring developments have taken place in assisted reproductive technologies in the last decades, no current approach has been able to treat the problem known as uterine related infertility (URI) resulting from congenital or followed by hysterectomy [1-7]. The only accepted solution to URI to date has been gestational surrogacy which is not acceptable in all parts of the world.

The idea that uterine allotransplantation could be used in URI was supported by several animal studies resulting in healthy offspring [8-11]. The first uterine transplant attempt was performed in a Saudi Arabic woman in 2000 from a live donor [12]. The transplanted uterus had to be removed 99 days later possibly due to the weakness in surgical technique and obstruction of the anastomosed vessels. A good retrieval technique with adequate length of vasculature and width of supporting structures seems to be noteworthy for a successful attempt.

## **Materials and Methods**

The authors report their initial experience in the retrieval of the human uterus from fresh frozen cadavers.

Following, institutional ethics committee approval, four fresh-frozen female cadavers were included in the study. The cadavers were obtained from Anatomy Department of Akdeniz University School of Medicine. All dissections were performed by two gynecologists, one plastic surgeon, and two anatomists. The cadavers were placed in the supine position, and a vertical midline incision was made from pubis to xiphoid process of sternum.

Uterine retrieval consisted of three main phases. First phase: dissection and transection of the bilateral round ligaments were completed to mobilize the bladder anteriorly. Mobilization of the upper vagina was achieved posteriorly by conserving the uterosacral ligaments and opening the peritoneal sheath. Second phase: ureters were dissected bilaterally starting from their course over common iliac bifurcation to their passage under the

uterine vessels. Third phase: bilateral internal iliac vasculature and uterine vessels were dissected.

Exploration time ranged from 95 to 150 (mean 110) minutes. Initially, the authors aimed to obtain an adequate exposure in the pelvis.

In the first phase of retrieval, they grasped and divided the round ligaments laterally to directly get access to parametrium by blunt dissection. The anterior leaves of the broad ligaments were incised and dissected anteriorly until vesicouterine reflection. Upper vagina was mobilized posteriorly by detaching uterosacral ligaments from the sacrum with overlying peritoneum.

In the second phase, the peritoneum was sharply opened lateral to the infundibulopelvic ligaments. With traction of the infundibulopelvic ligaments, the posterior leaves of the peritoneum were sharply opened and ureters were dissected bilaterally starting from their course over common iliac bifurcation and posterior to ovarian vessels to their passage under the uterine vessels to allow careful preservation of the uterine vessels. The authors tried to dissect and remove the bilateral cardinal ligaments (lateral areolar connective tissue bundles) as wide as possible for the purpose of lateral support during uterus transplantation.

In the third phase, psoas major muscle and external iliac vessels were identified by dissection. After grasping the posterior parietal peritoneum overlying the psoas major muscle (lateral to the external iliac artery) the peritoneum parallel to the external iliac artery was cut. Starting from the bifurcation, internal iliac vessels lying lateral and parallel to bilateral ureters were dissected as entirely as possible distal to the point of origin of its posterior division to maintain the branches to uterus intact and obtain the greatest length of the internal iliac vessels (Figure 1). Right side was easier to isolate than left due to the location of the sigmoid colon.

Finally the uterus, ten cm hypogastric artery, eight cm hypogastric vein, and three cm proximal vagina could be retracted in four cadavers with its vasculature and supporting ligaments (Figure 2). The uterus could not be completely retrieved in one cadaver due to its large size and solid fixed texture (possible uterine tumor).

## Discussion

Uterine related infertility due to congenital or acquired agenesis of uterus has no treatment with current assisted reproductive technologies [1-6]. Through advances in sur-



Figure 1. — Anatomic dissection of left ureter, external and internal iliac arteries, and vein in cadaver. EIA: External iliac artery, EIV: External iliac vein; ha: hypogastric artery; hV: hypopogastric vein; u:ureter.

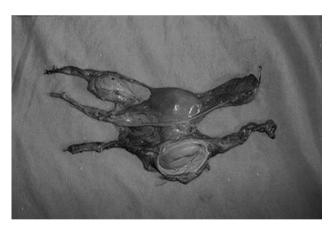


Figure 2. — Photograph of uterus with its vasculature and peritoneum following retrieval.

gical techniques, improvements in immunosuppressive agents and experience acquired from solid organ transplantations, and unusual allograft transplantations have gained acceptance especially in the last decades [8-20].

Unlike other organ transplantations, uterine transplantation is not a life-sustaining procedure with potential risks to live donor, recipient mother, and child [21]. Therefore previous experience in gynecologic oncology might be a major advantage in understanding the anatomy

and relationships of the retroperitoneal vasculature which is vital in avoiding serious injury.

It is important to preserve vascular supply of the ureter during dissection in a live donor not to cause fistula formation resulting from related thrombosis.

Dissection of internal iliac vessels with its major branches lying in the obturator fossa may be risky and difficult in a live donor related to the numerous and anomalous veins that occupy the lateral floor of the obturator fossa. Pelvic vasculature should be preserved as wide as possible in a live donor not to interfere with other organ function. It may be wise to ligate the hypogastric artery distal to the point of origin of its posterior division.

There are several discussions on the definition of cardinal ligaments(CL) [22]. Fritsch *et al.* have defined CL as the bundle connecting the pelvic brim and the uterine cervix [23]. American version of Gray's anatomy defined CL as extension of the perivascular sheath of the internal iliac vessels [24]. Dissection of the cardinal ligaments is quite difficult due to its areolar texture and proximity of the uterus vasculature and ureter.

Although this study is limited in showing the safety of the procedure, it confirms the anatomical feasibility of the uterus retrieval procedure with adequate vascular length and width of supporting ligaments. Cadaver dissection might be quite helpful in establishing a good retrieval technique.

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