

## Dendritic Cells and CD4<sup>+</sup>CD25<sup>+</sup> T Regulatory Cells: Crosstalk Between Two Professionals in Immunity versus Tolerance

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### 1. ABSTRACT

Dendritic cells (DCs) are professional antigen presenting cells (APCs). CD4<sup>+</sup>CD25<sup>+</sup> T regulatory cells (T regs) are recognized as professional regulatory cells. DCs not only initiate T cell immunity by uptake, processing and presentation of specific antigens, but also induce immune tolerance by deletion of T cells and/or induction of regulatory T cells. CD4<sup>+</sup>CD25<sup>+</sup> T regs maintain immune tolerance by suppressing the function of CD4<sup>+</sup> and CD8<sup>+</sup> T cells, B cells, macrophages, DCs and NK cells. It would be inconceivable that the delicate balance between immunity and tolerance could be kept impeccable without the crosstalk between DCs and CD4<sup>+</sup>CD25<sup>+</sup> T regs. This review focuses on the recent development in our understanding of DCs and CD4<sup>+</sup>CD25<sup>+</sup> T regs in immune tolerance, with transforming growth factor-beta (TGF- $\beta$ ) serving as a potential link between these two professionals.

### 2. DCs

DCs are a sparsely distributed, migratory population of bone-marrow-derived leukocytes that are specialized in the recognition, uptake, transport, processing and presentation of antigens to T cells (1-3). Firstly discovered as the most important APCs in initiating innate and adaptive immunity to infections and other non-self antigens, DCs have been recently recognized as also a crucial player (determinant) in induction of T cell tolerance. To reconcile the two paradoxical functions of DCs, a number of mechanisms have been introduced. In this regard, it has been demonstrated that DCs, at an "immature" stage of development in the 'steady state' (absence of inflammation), act as sentinels in peripheral tissues, continuously sampling antigenic environment and inducing tolerance by the deletion of naïve peripheral T cells and the induction of regulatory T cells (2, 3). When encountered with infection, inflammation and other

“danger” signals, “immature” DCs migrate to the draining lymph nodes and become “mature” DCs marked by up-regulation of several surface molecules such as CD11c, CD80, CD86, MHC class I and II, CD40 and by acquisition of a unique marker CD83 to initiate T cell immune responses (2, 3).

Immature DCs can reside in the non-lymphoid and lymphoid tissues. DCs in the thymus, Langerhans cells in skin, mucosal DCs in Peyer’s patch (PP) in intestine (4) and in lungs and DCs in spleen are examples of immature DCs. Thymic DCs reside almost exclusively in the medulla. One of the most prominent functions of thymic DCs is to delete self-reactive specific T cells (3). In periphery, immature DCs may function as immunoregulatory cells. Immature DCs are able to delete self-antigen or harmless-antigen specific T cells when targeted with the respective antigens under the steady state. In addition, immature DCs possess the ability to capture and digest apoptotic cells and present the antigen of the apoptotic cells to specific T cells, which may result in T cell tolerance. It is however unclear whether immature DCs may also produce immunosuppressive cytokines TGF- $\beta$  and IL-10 upon the phagocytosis of apoptotic cells as macrophages do (5, 6). Finally, immature DCs may induce IL-10 producing T regulatory (Tr1) cells (7) and CD4<sup>+</sup>CD25<sup>+</sup> T regs (8), which may actively suppress immune responses.

When encountered with microbial antigens and inflammation, immature DCs will change their phenotype and function to become “mature DCs”. During maturation, DCs dampen their endocytic receptor expression and lose their endocytosis capacity (2). Many inflammatory and non-inflammatory antigens induce immature DCs to mature. A number of microbial products may activate DCs through the Toll-like receptors (TLRs) (2). Some proinflammatory stimuli can also drive DCs to mature through pathways distinct from TLRs. These include several TNF family members like TNF $\alpha$  itself, FasL, and CD40L, Fc receptors for immune complexes, IFN- $\alpha$  produced by plasmacytoid DCs (9), certain types of necrotic cells and certain innate cell types such as NK cells,  $\gamma\delta$ T cells, and NKT cells (2). The original hallmark of DC function involves the induction of T cell proliferation and stimulation of T cell-dependent antibody production (2). DCs also control the differentiation of Th1 and Th2 cells. Recent evidence has also demonstrated that mature DCs can expand CD4<sup>+</sup>CD25<sup>+</sup> Tregs *in vitro* and *in vivo* to control T cell tolerance (8, 10).

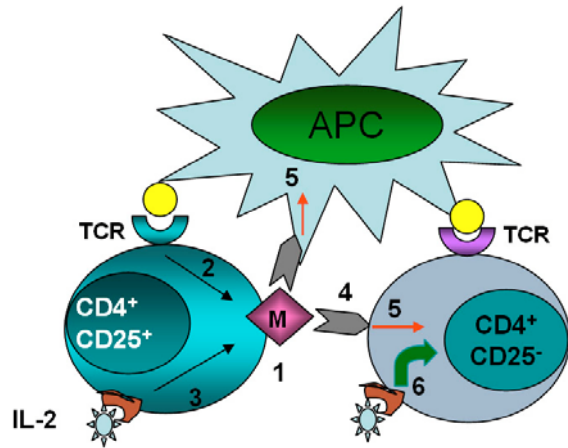
### 3. CD4<sup>+</sup>CD25<sup>+</sup> T REGS

CD4<sup>+</sup>CD25<sup>+</sup> T regs constitute 5-10% of CD4<sup>+</sup> T cells in peripheral lymphoid tissues and in the thymus in normal mice (11). Phenotypically, CD4<sup>+</sup>CD25<sup>+</sup> T regs express surface CD25<sup>+</sup>, CD62L<sup>+</sup>, CD45RB<sup>low</sup>, GITR<sup>hi</sup>, and LAG-3<sup>hi</sup> and LAP/TGF- $\beta$ <sup>+</sup> and intracellular CTLA-4<sup>+</sup>. However, these markers are not inherently specific for CD4<sup>+</sup>CD25<sup>+</sup> T regs, because CD4<sup>+</sup>CD25<sup>+</sup> T cells, once stimulated by TCR engagement, also express these molecules. The most specific marker so far for CD4<sup>+</sup>CD25<sup>+</sup> T regs is Foxp3, because only T regs express this gene (12-14).

Functionally, CD4<sup>+</sup>CD25<sup>+</sup> T regs, in contrast to CD4<sup>+</sup>CD25<sup>+</sup> “responder” T cells, show unresponsiveness (anergy) to TCR stimulation in the presence of normal splenic APCs in cultures. CD4<sup>+</sup>CD25<sup>+</sup> T regs produce no IL-2 (15). Significantly, when co-cultured with normal CD4<sup>+</sup> responder T cells or CD8<sup>+</sup> T cells, CD4<sup>+</sup>CD25<sup>+</sup> T regs suppress TCR mediated T cell proliferation of the responder T cells by inhibiting their IL-2 production (16). CD4<sup>+</sup>CD25<sup>+</sup> T regs can also regulate the function of DCs and other APCs (discussed later). Intriguingly, the immunosuppression mediated by CD4<sup>+</sup>CD25<sup>+</sup> T regs is antigen non-specific and even occurs among different species. For example, CD4<sup>+</sup>CD25<sup>+</sup> T regs from mice may suppress rat CD4<sup>+</sup> T cell proliferation (17). TCR stimulation is required for CD4<sup>+</sup>CD25<sup>+</sup> T regs to carry out their immunosuppression. It has been shown that high levels of exogenous IL-2 in cultures not only reverse the anergic state, but also abrogate the suppressive activity of CD4<sup>+</sup>CD25<sup>+</sup> T regs (18). Amazingly, CD4<sup>+</sup>CD25<sup>+</sup> T regs preserve and even enhance their potent immunosuppressive ability *in vitro*, once exogenous IL-2 is removed from the cultures. Importantly, cell-contact is required for CD4<sup>+</sup>CD25<sup>+</sup> T regs to suppress their target cells *in vitro* (18).

*In vivo*, however, CD4<sup>+</sup>CD25<sup>+</sup> T regs could vigorously proliferate to their specific antigen (19, 20). Another feature of CD4<sup>+</sup>CD25<sup>+</sup> T regs *in vivo* is that they always express high levels of CD25. In spite of their own proliferation, CD4<sup>+</sup>CD25<sup>+</sup> T regs potently inhibit normal CD4<sup>+</sup> and CD8<sup>+</sup> T cell expansion *in vivo*. Consistently, depletion of CD4<sup>+</sup>CD25<sup>+</sup> T regs in normal mice either by anti-CD25 antibodies or by thymectomy at day 3 of neonatal life resulted in several types of autoimmune-like inflammation in multiple organs (21). On the other hand, adoptive transfer of CD4<sup>+</sup>CD25<sup>+</sup> T regs prevents and suppresses diseases in animal models of autoimmune diseases, inflammation and transplantation (22).

CD4<sup>+</sup>CD25<sup>+</sup> T regs in human possess most of the basic features of their counterpart in mice (23, 24). Human CD4<sup>+</sup>CD25<sup>+</sup> (particularly CD25<sup>hi</sup>) T regs also specifically express Foxp3 and are immunosuppressive to normal CD4<sup>+</sup> responder T cells when co-cultured (25). The indispensable role of CD4<sup>+</sup>CD25<sup>+</sup> T regs in maintaining immune tolerance in human has also been gradually recognized. CD4<sup>+</sup>CD25<sup>hi</sup> T regs play a critical role in transplantation (26). In patients with multiple sclerosis (MS) (27), diabetes (28), SLE (29) or IBD (30, 31), decrease in numbers and/or defect in suppressive activity of CD4<sup>+</sup>CD25<sup>+</sup> T regs have been observed, although the definite association between the change of T regs and the pathogenesis of the diseases remains to be established. CD4<sup>+</sup>CD25<sup>+</sup> T regs are also involved in tumor pathogenesis through their regulatory effects on anti-tumor immunity. Many human cancers have some degree of alteration (normally increase) in the number of CD4<sup>+</sup>CD25<sup>+</sup> T regs in peripheral blood as well as within the solid tumor (32, 33). Although the intratumor CD4<sup>+</sup>CD25<sup>+</sup> T regs secrete high levels of TGF- $\beta$ , the underlying mechanisms responsible for the immunosuppression of CD4<sup>+</sup>CD25<sup>+</sup> T regs remain to be elucidated (33). Recent evidence has started to reveal that



**Figure 1.** The requirements for candidate molecule (M) mediating immunosuppression of CD4<sup>+</sup>CD25<sup>+</sup> T regs. 1) M must be on the surface of T regs; 2) After TCR stimulation, M should be enhanced, induced, prevented from degradation or activated to its active form; 3) In the presence of high levels of exogenous IL-2 in cultures, M still expresses or even increases on T regs. Once IL-2 is removed, M should still persist on T regs; 4) The target cell should possess constitutive or inducible receptor for M (M-R); 5) M binds to M-R to deliver a negative (inhibitory) signal to responder cells, which is antigen-nonspecific; 6) Finally, in a co-culture system, high levels of IL-2 could reverse (abrogate) the suppressive signals delivered from M to M-R.

CD4<sup>+</sup>CD25<sup>+</sup> T regs also play a significant role in the pathogenesis of HIV infection. It has been reported that patients with HIV infection have increased or decreased the number of CD4<sup>+</sup>CD25<sup>+</sup> T regs, which may influence immune responses (34, 35). It is however unclear how CD4<sup>+</sup>CD25<sup>+</sup> T regs associated with HIV infection are generated and regulated and it is premature to state whether CD4<sup>+</sup>CD25<sup>+</sup> T regs play a “good” or “bad” or even “ugly” role in HIV infection. Although CD4<sup>+</sup>CD25<sup>+</sup> T regs have been unanimously recognized as one of the major players in maintaining normal immune tolerance and in influencing pathogenesis of various diseases, two mysteries of T regs however still remain largely unresolved, i.e. mechanism(s) of suppression and pathway(s) of development.

### 3.1. Mechanism(s) of suppression by CD4<sup>+</sup>CD25<sup>+</sup> T regs

Despite intensive efforts during the past decade, the molecular mechanisms by which CD4<sup>+</sup>CD25<sup>+</sup> T regs carry out their immunosuppressive activity still remain a mystery. Based on the unique features of CD4<sup>+</sup>CD25<sup>+</sup> T regs *in vitro*, several molecules have been indicated in mediating the suppression, including CD25, IL-2, CTLA-4, IL-10, GITR, LAG-3, Granzyme B, Foxp3 and TGF- $\beta$ . It is surprising however that none of the aforementioned molecules on the list has been accepted by all immunologists yet. It is possible that several molecules/factors are responsible for the suppression, but the idea that one molecule plays a direct role is valid. It would be of interest to analyze each of the proposed molecules on the list to examine which one of them fits the known features of CD4<sup>+</sup>CD25<sup>+</sup> T regs *in vitro*.

For this purpose, it is essential to outline the minimal requirements for any candidate molecule to be the direct player in mediating suppression of T regs. If we examine the *in vitro* features of CD4<sup>+</sup>CD25<sup>+</sup> T regs carefully, it would not be difficult to summarize that the ideal molecule must meet at least the following pre-conditions. For easy reading, I mark this potential molecule as M (Figure 1). 1) M has to be on the surface of T regs; 2) After TCR stimulation, M should be enhanced, induced, prevented from degradation or activated to its bioactive form on the cell surface of T regs; 3) When high levels (>100 u/ml) of IL-2 (plus TCR stimulation) are present in cultures, M should be expressed or even increased on T regs. Importantly, once IL-2 is removed, M should still exist on T regs; 4) The target cells (e.g. CD4<sup>+</sup>CD25<sup>-</sup> responder T cells) should possess constitutive or inducible receptor(s) for molecule M (M-R); 5) Most importantly, the signals delivered from M on T regs to its receptor (M-R) on target cells must be negative, inhibitory and antigen-nonspecific; 6) Finally, in a co-culture system, high levels of IL-2 could reverse (abrogate) the suppressive signals delivered from M to M-R.

Based on aforementioned pre-conditions, most of the molecules on the list except TGF- $\beta$  are unlikely the one that directly mediates the immunosuppression by CD4<sup>+</sup>CD25<sup>+</sup> T regs, because they may meet some of the requirements, but fail to fulfill all preconditions. Although T regs express CD25, there is no evidence that CD25 on T regs could bind surface IL-2 (if any) on target cells to deliver an inhibitory signal. IL-2 is required for the homeostasis and survival of CD4<sup>+</sup>CD25<sup>+</sup> T regs, but it is unlikely that IL-2 binds CD25 or its other receptors on responder T cells to deliver an inhibitory signal to suppress T cell proliferation. The opposite effect is true. Although Granzyme B mediated cell death might be responsible for some suppressive effects induced by T regs to their target cells (36, 37), it is unlikely the major factor, because ample evidence has clearly shown that most of the suppressed cells still remain alive *in vitro* and *in vivo* (19, 38). Although LAG-3 is expressed predominantly on CD4<sup>+</sup>CD25<sup>+</sup> T regs (39), there is no evidence that LAG-3 on T regs and its receptor (ligand?) on responder cells could deliver a suppressive signal. Foxp3 is the most specific marker and the master gene for the development of CD4<sup>+</sup>CD25<sup>+</sup> T regs, but the role of Foxp3 as a mediator for the suppression of T regs seems unlikely. Foxp3 is a transcription factor in the nucleus (12) and can not be expressed on the surface of T regs. The best scenario (if any) would be that Foxp3 interacts with other suppressive molecules that in turn mediate the suppression by T regs.

Although CD4<sup>+</sup>CD25<sup>+</sup> T regs may produce higher levels of IL-10, the cell-contact requirement precludes the soluble factor as a main mechanism, and indeed, anti-IL-10 or IL-10 receptor antibodies fail to block immunosuppression *in vitro*. There is no evidence that CD4<sup>+</sup>CD25<sup>+</sup> T regs have cell membrane-bound IL-10 and that exogenous IL-2 could abrogate IL-10 mediated immunosuppression. Even though IL-10 is not essential for suppression *in vitro*, the involvement of IL-10 in immunosuppression *in vivo* merits careful consideration

(50). It has been established that certain forms of immunity such as colitis can be suppressed by CD4<sup>+</sup>CD25<sup>+</sup> T cells and require their secretion of IL-10 (31), whereas others such as autoimmune gastritis can be suppressed independently of IL-10 (18). The challenging question is where and how IL-10 is responsible for suppression *in vivo*.

GITR was once thought the most promising candidate in responsible for suppression induced by T regs (17, 40), because anti-GITR antibody, by initiating a signal to CD4<sup>+</sup>CD25<sup>+</sup> T regs, led to proliferation of T regs and abrogated their suppression to CD4<sup>+</sup> responder T cells in the co-culture systems. Recent evidence however has demonstrated that GITR acts mainly on responder T cells (e.g. CD4<sup>+</sup>CD25<sup>-</sup> T cells) through co-stimulatory effect to produce more IL-2, which then in turn antagonizes the suppressive activity of CD4<sup>+</sup>CD25<sup>+</sup> T regs (41, 42).

Although accumulated evidence has indicated a role for CTLA-4 in immunosuppression induced by T regs (43-45), the question is whether CTLA-4 is the molecule directly responsible for the suppression or it contributes to the suppression indirectly. The emerging evidence favors the later possibility. Although CD4<sup>+</sup>CD25<sup>+</sup> T regs express CTLA-4 and CTLA-4 fulfills most of the aforementioned requirements, one fact may exclude CTLA-4 as the direct mediator for the suppression. CTLA-4 binds CD80 and CD86. Although activated CD4<sup>+</sup> responder T cells may express CD80 and CD86 to which CTLA-4 on T regs may bind as an 'outside-in' signaling model (46, 47), CD4<sup>+</sup>CD25<sup>+</sup> T regs in the CTLA-4<sup>-/-</sup> mice exhibit same suppressive capacity as those in the wild type mice. Thus, it is likely that CTLA-4 is associated with the suppressive mechanisms of T regs by an indirect manner.

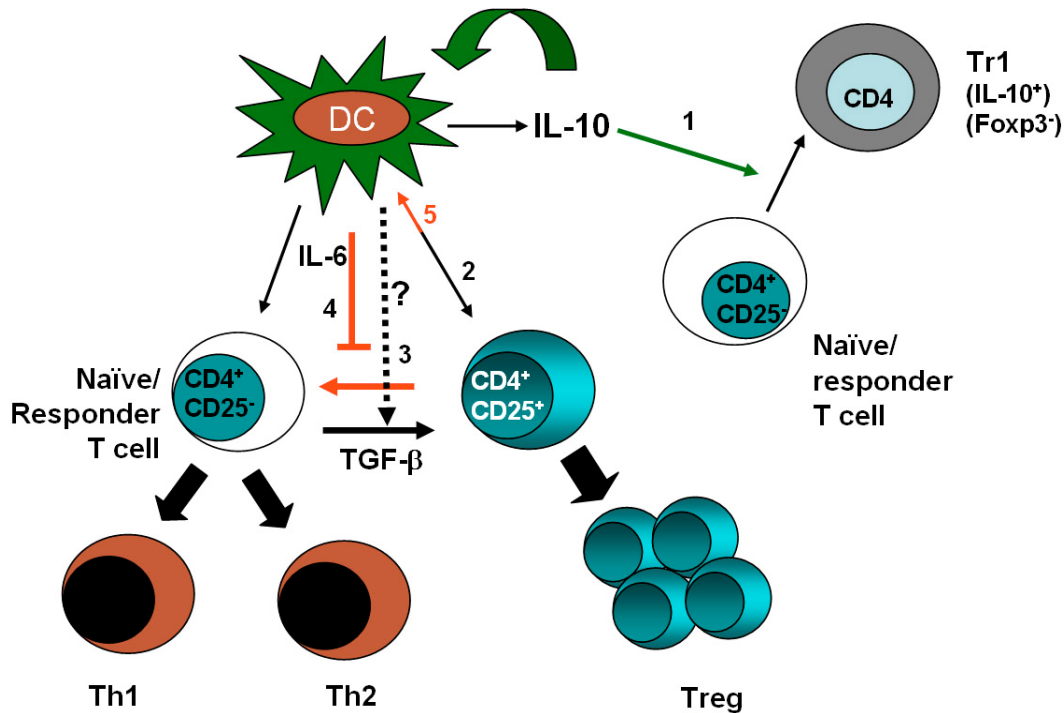
Is TGF- $\beta$  the best candidate in mediating immunosuppression by CD4<sup>+</sup>CD25<sup>+</sup> T regs? Since both CD4<sup>+</sup>CD25<sup>+</sup> T regs and TGF- $\beta$  are indispensable for immune tolerance, it is not surprising that the two are linked. The role for TGF- $\beta$  in immunosuppression by CD4<sup>+</sup>CD25<sup>+</sup> T regs was however originally disregarded based on the fact that T regs needed cell-contact, but TGF- $\beta$  was normally regarded as a soluble cytokine. The discovery that CD4<sup>+</sup>CD25<sup>+</sup> T regs express cell membrane-bound latent TGF- $\beta$  (LAP-TGF- $\beta$ ), active TGF- $\beta$  has re-invigorated investigation in this field (45, 48, 49). When TGF- $\beta$  is placed into the aforementioned pre-conditions, it is intriguing to note that TGF- $\beta$  fulfills all the requirements. First, TGF- $\beta$  is expressed on the cell surface of CD4<sup>+</sup>CD25<sup>+</sup> T regs. In addition, T regs also express higher levels of TGF- $\beta$  receptor II (T $\beta$ RII), a binding receptor for TGF- $\beta$ , which may explain the anergy of T regs to TCR stimulation, because the binding between autocrine or paracrine membrane-bound TGF- $\beta$  and T $\beta$ RII on T regs may inhibit TCR induced proliferation (45). Second, when CD4<sup>+</sup>CD25<sup>+</sup> T regs are activated via TCR stimulation and in the presence of IL-2, the expression of cell membrane-bound TGF- $\beta$  on T regs persists and even increases (45, 48-50). Importantly, once exogenous IL-2 is removed, T regs still express high levels of cell membrane-bound

TGF- $\beta$  (45, 49, 50). Third, naïve CD4<sup>+</sup>CD25<sup>-</sup> T cells express very low levels (if any) of T $\beta$ RII, but it increases significantly after TCR stimulation (45). In a co-culture system, cell membrane-bound TGF- $\beta$  on T regs could bind T $\beta$ RII on CD4<sup>+</sup>CD25<sup>-</sup> responder T cells to deliver a negative signal, which can be demonstrated by upregulation of P-Smad2/3 in responder T cells (45, 50). Fourth, TGF- $\beta$  suppresses its target cells in an antigen non-specific manner and even among species (51). Finally, high levels of exogenous IL-2 are able to abrogate TGF- $\beta$  mediated immunosuppression of T cell activation (45, 52, 53). In addition, a critical role for TGF- $\beta$  in responsible for suppression by CD4<sup>+</sup>CD25<sup>+</sup> T regs *in vivo* has been validated. Powrie and her colleagues have found that TGF- $\beta$  is absolutely required for CD4<sup>+</sup>CD25<sup>+</sup> T reg suppression of IBD induced by infusion of CD4<sup>+</sup>CD45RB<sup>hi</sup> T cells in mice (43, 54), because co-administration of anti-TGF- $\beta$  antibody could completely abrogate the suppression. Moreover, T $\beta$ RII dominant-negative transgenic T responder cells (CD8<sup>+</sup> and CD4<sup>+</sup>) are resistant to suppression by wild type CD4<sup>+</sup>CD25<sup>+</sup> Tregs *in vivo* (54-56).

Although TGF- $\beta$  fits well aforementioned preconditions and growing evidence has gradually appreciated it as a critical mediator in suppression induced by CD4<sup>+</sup>CD25<sup>+</sup> T regs, two pieces of unresolved puzzles still prevent TGF- $\beta$  from getting universal recognition. First, it remains to be elucidated why some of anti-TGF- $\beta$  antibodies cannot reverse suppression by T regs in co-cultures. Besides the different systems used in individual laboratory, it is likely that the unique structure and/or conformation of cell membrane-bound TGF- $\beta$  might prevent the binding of anti-TGF- $\beta$  antibodies to inactivate its activity, whereas the same antibody could effectively neutralize the activity of soluble TGF- $\beta$ . The other mystery is why CD4<sup>+</sup>CD25<sup>+</sup> T cells in TGF- $\beta$ 1<sup>-/-</sup> mice still possess suppressive function in cultures. Several possibilities need to be considered to resolve this issue. First, TGF- $\beta$ 1 is the dominant (in normal situation), but not the only isoform of TGF- $\beta$  in regulating immune responses. In the absence of TGF- $\beta$ 1, TGF- $\beta$ 2 and/or 3 may compensate for the TGF- $\beta$  signal transduction, because all TGF- $\beta$ 1, 2 and 3 bind the same receptors and execute the same signals *in vitro*, although they may not substitute each other *in vivo*. Additionally, the ability of CD4<sup>+</sup>CD25<sup>+</sup> TGF- $\beta$ 1<sup>-/-</sup> T cells to effect suppression in cultures must be viewed with caution since maternal transfer of TGF- $\beta$  and its passive binding to these cells cannot be excluded. It is unclear at present that the cell membrane-bound TGF- $\beta$  on normal CD4<sup>+</sup>CD25<sup>+</sup> T regs is solely produced by the T reg or it can be also passively bound onto T regs (45). Finally, it should be noted that in addition to T regs, many other cells including macrophages/monocytes, DCs, epithelial cells, myeloid suppressor cells and tumor cells also produce a large amounts of TGF- $\beta$ . The TGF- $\beta$  produced from non-T reg cells may explain the unexpected TGF- $\beta$ -dependent immunosuppression by TGF- $\beta$ 1<sup>-/-</sup> CD4<sup>+</sup>CD25<sup>+</sup> T cells *in vivo* (54).

### 3.2. Generation of CD4<sup>+</sup>CD25<sup>+</sup> T reg

It is a general belief at present that "natural" CD4<sup>+</sup>CD25<sup>+</sup> professional T regs are generated and



**Figure 2.** Interaction between DCs and T regs. 1) DCs induce IL-10 producing Tr1. IL-10 downregulates function of DCs; 2) DCs (particularly mature DCs) expend CD4<sup>+</sup>CD25<sup>+</sup> T regs in cultures and *in vivo*; 3) Can DCs (particular immature DCs) induce/convert CD4<sup>+</sup>CD25<sup>+</sup> T regs from CD4<sup>+</sup>CD25<sup>-</sup> naïve T cells? 4) Mature DCs abrogate CD4<sup>+</sup>CD25<sup>+</sup> T cell suppression of CD4<sup>+</sup> T responder cells through IL-6 and unknown factors; 5) CD4<sup>+</sup>CD25<sup>+</sup> T regs suppress maturation and function of DCs.

developed from the thymus. Considering the importance of the thymus as an incubator (place) to generate CD4<sup>+</sup>CD25<sup>+</sup> T regs, the detailed pathways and mechanisms by which these T regs are developed remain largely undefined. The current theory suggests that CD4<sup>+</sup>CD25<sup>+</sup> T regs are derived from a defined lineage and survive from negative selection during a very fine “window” with strong affinity to TCR engagement. One significant question is however why CD4<sup>+</sup>CD25<sup>+</sup> T regs express CD25<sup>+</sup>, CD45RB<sup>low</sup>, intracellular CTLA-4<sup>+</sup> and GITR<sup>hi</sup>, all of which have been recognized as T cell activation-associated markers, whereas CD4<sup>+</sup>CD25<sup>-</sup> T cells, which also encounter antigen and survive from negative selection in the thymus, do not express any of those activation-associated markers. Importantly, are peripheral CD4<sup>+</sup>CD25<sup>+</sup> T regs exclusively generated in the thymus or converted from CD4<sup>+</sup>CD25<sup>-</sup> T cells? Recent studies in mice and human have revealed that TGF-β, together with TCR stimulation, could convert peripheral CD4<sup>+</sup>CD25<sup>-</sup> naïve T cells to CD4<sup>+</sup>CD25<sup>+</sup> T regs through induction of T reg specific gene Foxp3 (26, 52, 57, 58). Strikingly, these TGF-β converted T regs are phenotypically and functionally indistinguishable from the natural “professional” CD4<sup>+</sup>CD25<sup>+</sup> T regs (52). Thus, CD4<sup>+</sup>CD25<sup>+</sup> T regs are primarily developed in thymus, but could also be converted from CD4<sup>+</sup>CD25<sup>-</sup> naïve T cells under certain conditions. The challenging questions are cellular and molecular mechanisms for the development of Tregs in the thymus and the molecular events involved in TGF-β induction of Foxp3 expression.

#### 4. ROLE OF DCS IN THE INDUCTION/EXPANSION OF CD4<sup>+</sup>CD25<sup>+</sup> T REGS

One of the proposed mechanisms is that inhibitory DCs induce immune tolerance by induction and/or expansion of T regs. It has been shown that DCs may induce Tr1 through IL-10 (7, 59, 60) (Figure 2). If a naïve T cell encounters its antigen on immature DCs, it may differentiate into Tr1 rather than a T-effector cell (61). This can be obtained by repetitive exposure of naïve peripheral blood CD4<sup>+</sup> T cells to allogeneic immature DCs. In another report, *in vitro* culture of bone marrow cells in the presence of IL-10 induced differentiation of a distinct subset of DCs with a specific expression of CD45RB (60). These CD11c<sup>low</sup> CD45RB<sup>high</sup> DCs display plasmacytoid morphology and an immature-like phenotype and secrete high levels of IL-10 after activation. OVA peptide-pulsed CD11c<sup>low</sup> CD45RB<sup>high</sup> DCs specifically induce tolerance through the differentiation of Tr1 cells *in vitro* and *in vivo*. Interestingly, antigen-exposed DCs in which RelB function is inhibited lack cell surface CD40, prevent priming of immunity, and suppress previously primed immune responses (62). These RelB<sup>CD40</sup> DCs induce Tr1 cells and transfer antigen-specific “infectious” tolerance to primed recipients in an IL-10-dependent fashion. Thus, immature DCs can drive the differentiation of Tr1 cells. Since CD4<sup>+</sup>CD25<sup>+</sup> Tr1 cells produce IL-10, it would be conceivable that T regs contribute to this process, at least *in vivo*, but the definite correlation remains to be established.

Recent studies have indicated a role of immature DCs in enhancing CD4<sup>+</sup>CD25<sup>+</sup> T regs, however, whether it is “induction” or “expansion” remains to be determined. By manipulating DCs with different biological reagents and immunologic means *in vitro* and *in vivo*, several groups have shown that DCs are capable of enhancing CD4<sup>+</sup>CD25<sup>+</sup> T regs. When NOD bone marrow-derived DCs were specifically treated with a mixture of antisense oligonucleotides to down-regulate CD40, CD80, and CD86 primary transcripts *ex vivo*, the engineered DCs promoted an increased prevalence of CD4<sup>+</sup>CD25<sup>+</sup> T cells in NOD recipients at all ages. Diabetes-free recipients exhibited significantly greater numbers of CD4<sup>+</sup>CD25<sup>+</sup> T regs compared to untreated NOD mice (63). Human plasmacytoid DCs activated by CpG oligodeoxynucleotides also induced generation of CD4<sup>+</sup>CD25<sup>+</sup> T regs (64). Coupling of ovalbumin (OVA) to anti-DEC-205 mAb (alpha DEC) induced proliferation of OVA-specific T cells *in vivo* (65). Expansion was however short-lived, caused by DCs and rendered T cells anergic thereafter. Phenotypic analysis revealed that induction of CD4<sup>+</sup>CD25<sup>+</sup>CTLA-4<sup>+</sup> T cells could suppress proliferation and IL-2 production of effector CD4<sup>+</sup> T cells. Vitamin D receptor ligand-treated DCs not only induce Tr1, but also enhance CD4<sup>+</sup>CD25<sup>+</sup> suppressor T cells (66). It has been reported that mice treated with granulocyte macrophage-colony stimulation factor (GM-CSF) that could induce DCs with a semimature phenotype, showed an increased CD4<sup>+</sup>CD25<sup>+</sup> T cells producing high levels of IL-10 and suppressing experimental autoimmune thyroiditis (67). Similarly, treatment with granulocyte colony-stimulating factor (G-CSF) protected NOD mice from developing spontaneous diabetes. G-CSF triggered marked recruitment of DCs, particularly immature CD11c<sup>(low)</sup> B220<sup>(+)</sup> plasmacytoid DCs, and increased accumulation of functional CD4<sup>+</sup>CD25<sup>+</sup> T regs that produce TGF-β1 (68). Although thymic DCs almost exclusively reside in the medulla where they play a critical role in negative selection rather than induction of CD4<sup>+</sup>CD25<sup>+</sup> T regs (19, 69), some reports correlated migration of peripheral DCs to the thymus with generation of CD4<sup>+</sup>CD25<sup>+</sup> thymic T regs (70). Most recently, it has been shown that Hassall’s corpuscles, groups of epithelial cells within thymic medulla, express thymic stromal lymphopietin (TSLP) (71). TSLP-treated human thymic DCs are able to induce proliferation and differentiation of CD4<sup>+</sup>CD8<sup>+</sup>CD25<sup>+</sup> thymic T cells into CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> regulatory T cells *in vitro*. Moreover, one study has demonstrated that CD8α<sup>(+)</sup> DCs can induce a unique population of T helper type 1-like regulatory cells that express the transcription factors Foxp3 and T-bet and produce both IL-10 and IFN-γ (72). Since peripheral CD4<sup>+</sup>CD25<sup>+</sup> could be converted into CD4<sup>+</sup>CD25<sup>+</sup> Foxp3<sup>+</sup> T regs, which is at least in great part dependent on TGF-β (52, 57, 58), it is of interest to study whether DCs, particularly immature DCs, may play a part in this process. Immature DCs produce TGF-β(73), but what are the stimuli inducing DCs to produce TGF-β? Resolving these issues will help validate the role of DCs in the generation of CD4<sup>+</sup>CD25<sup>+</sup> T regs (Figure 2).

DCs can overcome anergy and induce proliferation of professional CD4<sup>+</sup>CD25<sup>+</sup> T regs *in vitro*

and *in vivo* (8, 74) (Figure 2). It has been known that CD4<sup>+</sup>CD25<sup>+</sup> T regs are anergic, unable to proliferate in response to TCR stimulation by normal splenic APCs (16, 18), unless high levels of exogenous IL-2 or anti-CD28 antibodies are present in the cultures. Recent evidence has shown that CD4<sup>+</sup>CD25<sup>+</sup> T regs can proliferate in the absence of exogenous cytokines in cultures and *in vivo* when stimulated by antigen-loaded mature DCs (8, 74). With high numbers of DCs in cultures, CD4<sup>+</sup>CD25<sup>+</sup> T regs and CD4<sup>+</sup>CD25<sup>+</sup> populations initially proliferate to a comparable extent. However, the expansion of CD4<sup>+</sup>CD25<sup>+</sup> T regs stops by day 5, in the absence or presence of exogenous IL-2, whereas CD4<sup>+</sup>CD25<sup>+</sup> T cells continue to grow. CD4<sup>+</sup>CD25<sup>+</sup> T cell growth requires DC-T cells contact and is partially dependent on the production of small amounts of IL-2 by T regs and B7 costimulation by DCs. Interestingly, expanded CD4<sup>+</sup>CD25<sup>+</sup> T regs still preserve their surface CD25 and other featured molecules and possess even stronger suppressive activity. Intriguingly, mature DCs can expand CD4<sup>+</sup>CD25<sup>+</sup> T regs in the absence of antigen but in the presence of exogenous IL-2 (8, 74). Importantly, antigen-preloaded DCs can induce proliferation of adoptively transferred CD4<sup>+</sup>CD25<sup>+</sup> T regs *in vivo*. These exciting studies have opened a new avenue to grow CD4<sup>+</sup>CD25<sup>+</sup> T regs for potential clinical application. However, human CD4<sup>+</sup>CD25<sup>+</sup> T regs respond poorly to mature monocyte-derived DCs in the mixed leukocyte reaction (24, 75). The challenging question ahead is to understand the molecular mechanisms by which DCs abrogate the anergic state of CD4<sup>+</sup>CD25<sup>+</sup> T regs.

### 5. DC REGULATION OF SUPPRESSIVE ACTIVITY OF CD4<sup>+</sup>CD25<sup>+</sup> T REGS

In addition to overcoming anergy of T regs, mature DCs may reverse the immunosuppression induced by CD4<sup>+</sup>CD25<sup>+</sup> T regs (Figure 2). Stimulation of toll-like receptors (TLRs) such as TLR4 or TLR9 in DCs by LPS or CpG reversed the immunosuppression by CD4<sup>+</sup>CD25<sup>+</sup> T regs, restoring responder T cell proliferation to near normal levels (74, 76). The DC-mediated inhibition of suppressor activity was independent of co-stimulation (74, 76), but was dependent in part on interleukin-6 (IL-6), which was induced by TLRs upon recognition of microbial products. These findings have provided an explanation for DCs (particularly mature DCs) to initiate immune responses rather than tolerance to foreign antigens. Several interesting questions however remain to be answered. For example, if IL-6 affects T regs, what are the signaling pathways to change the behavior of T regs and abrogate their suppressive activity? If IL-6 signals on CD4<sup>+</sup>CD25<sup>+</sup> responder T cells, how does IL-6 influence the responder T cells to resist to suppression by T regs? What is (are) other molecule(s) that may interact with IL-6 to block the suppression by T regs (74, 76)?

### 6. CD4<sup>+</sup>CD25<sup>+</sup> T CELL REGULATION OF DC FUNCTION

CD4<sup>+</sup>CD25<sup>+</sup> T regs can regulate phenotype and function of DCs. Co-culture of mouse CD4<sup>+</sup>CD25<sup>+</sup> T regs with mouse bone marrow-derived DCs inhibits maturation

of DCs, characterized by preventing up-regulation of several DC markers including CD11c, CD80, CD86, CD40 and MHC class II, which results in downregulation of DC-mediated T cell function (77). Although CD4<sup>+</sup>CD25<sup>+</sup> T regs down-regulate surface expression of CD80 and CD86 molecules on DCs, this suppression is at the steady-state level for CD80 mRNA but not for CD86 mRNA *in vitro* (78). Function of mature DCs is under the control of the naturally occurring CD4<sup>+</sup>CD25<sup>+</sup> T regs, *in vivo*. Depletion of CD4<sup>+</sup>CD25<sup>+</sup> T regs, *in vivo*, enhanced development of MHC class I and II restricted IFN- $\gamma$  producing cells and induced higher cytotoxic activity of CD8<sup>+</sup> T cells (10). By contrast, priming of T helper (Th)2 cells was downregulated at the same conditions. Development of colitis is dependent on accumulation of activated CD134L<sup>+</sup> DCs in mesenteric lymph nodes, which is inhibited by CD4<sup>+</sup>CD25<sup>+</sup> T regs (31). In a murine model with melanoma, depletion of CD4<sup>+</sup>CD25<sup>+</sup> T regs elicits long-lasting protective tumor immunity induced by DCs preloaded with stressed tumor cells (79). In humans, it has been shown that co-culture of CD4<sup>+</sup>CD25<sup>+</sup> T regs with monocyte-derived DCs renders DC inefficient as APCs despite prestimulation with CD40 ligand. In contrast to co-cultured with CD4<sup>+</sup>CD25<sup>+</sup> T cells, DCs cultured with T regs showed prevention of maturation (80). Although DCs co-cultured with T regs increased IL-10 production, the inhibitory effects of DCs can partially be reverted by neutralizing antibodies to TGF- $\beta$ , but not to IL-10. The potent CD4<sup>+</sup>CD25<sup>+</sup> T reg cells suppress the proliferation in a DC-driven allo-mixed lymphocyte reaction (MLR) culture by more than 90% (81). In the peripheral blood of patients with squamous cell carcinoma of the head and neck, the relative levels of HLA-DR expression on myeloid and total DCs positively correlated with the ratios of Th1 and Th2, and the proportion of total circulating DCs was inversely correlated with that of CD4<sup>+</sup>CD25<sup>+</sup> T regs (82). In addition to DCs, CD4<sup>+</sup>CD25<sup>+</sup> T regs can exert direct suppressive effects on monocytes/macrophages, thereby affecting subsequent innate/adaptive immune responses (83). Although the underlying cellular and molecular events that are associated with CD4<sup>+</sup>CD25<sup>+</sup> T regulatory cell regulation of DCs are still largely unknown, it seems that cell-contact and immunoregulatory cytokines are involved. As another mechanism of immunosuppression, CTLA-4 on CD4<sup>+</sup>CD25<sup>+</sup> T regs upregulate indoleamine 2,3-dioxygenase (IDO) expression that initiate tryptophan catabolism in DCs (84, 85).

### 7. TGF- $\beta$ : A MEDIATOR OF CROSSTALK BETWEEN DCs AND CD4<sup>+</sup>CD25<sup>+</sup> TREGS?

Since TGF- $\beta$  is one of the most critical immunoregulatory cytokines in regulation of immune responses (51, 86), a role of TGF- $\beta$  in mediating the cross-talk between DCs and CD4<sup>+</sup>CD25<sup>+</sup> T regs is inevitably considered. As discussed, CD4<sup>+</sup>CD25<sup>+</sup> T regs express cell membrane-bound as well as soluble TGF- $\beta$  (45, 50) that can be responsible for the suppressive activity of T regs. It would be reasonable to envision that CD4<sup>+</sup>CD25<sup>+</sup> T regs regulate DC function at least in part through TGF- $\beta$ . TGF- $\beta$  has been shown to stimulate epithelial Langerhans cell (LC) differentiation from hematopoietic progenitor cells or

from a monocytic differentiation pathway (73). It is of interest to note that the effect of TGF- $\beta$  is a dose dependent in serum-free culture medium. Low concentration of TGF- $\beta$  (0.5 ng/ml) promotes proliferation and differentiation of CD34<sup>+</sup> progenitor to LC-like DCs, but higher concentrations suppresses LC differentiation and proliferation in the same cultures (73). This phenomena is consistent with the differential role of TGF- $\beta$  in regulation of T cell proliferation (51-53). Importantly, DCs generated from human hematopoietic progenitor cells in the presence of TGF- $\beta$  lack mature DC features. For example, TGF- $\beta$  induced DCs fail to express CD83 (CD83<sup>-</sup>) and have low levels of CD86 (CD86<sup>dim</sup>) (73). Similar evidence was obtained in TGF- $\beta$ 1 mediated differentiation of DCs in cultures of murine bone marrow cells, resulting in DCs expressing MHCII<sup>low</sup> and CD86<sup>dim</sup>. Effect of TGF- $\beta$  on differentiation of LC cells was also confirmed *in vivo*. TGF- $\beta$ 1-/- mice selectively lack epidermal LC (87). In contrast to a potential enhancement of differentiation of immature DCs, TGF- $\beta$  may suppress maturation and function of mature DCs (73). Interestingly, it has been recently shown that splenic stromal cell-derived TGF- $\beta$  induces mature DCs to differentiate into a type of regulatory DC (88). This type of regulatory DCs strongly inhibited proliferative responses of naive CD4<sup>+</sup> T cells to antigen stimulation by mature DCs.

On the other hand, DCs also produce TGF- $\beta$ . Immunohistology studies have revealed expression of TGF- $\beta$  protein in LCs (89). *In vitro*-generated DCs also abundantly synthesize TGF- $\beta$ 1 (73). TGF- $\beta$ 1 mRNA can be detected in LC-type and germinal center-type DCs generated in cultures of CD34<sup>+</sup> cord blood. Although TGF- $\beta$  produced by DCs may play a role in the development of CD4<sup>+</sup>CD25<sup>+</sup> T regs, a direct connection is still missing. An unresolved but fascinating question is that under which conditions DCs produce TGF- $\beta$ . Since both immature and mature DCs can produce TGF- $\beta$ , it would be more informative to analyze TGF- $\beta$  quantitatively rather than qualitatively and compare it with other inflammatory cytokines and factors to determine the role of DC in inhibition or promotion of T cell responses.

### 8. SUMMARY

CD4<sup>+</sup>CD25<sup>+</sup> T regs and DCs represent the two most important populations of cells in regulation of immunity and tolerance. It takes these two types of professionals to complete the task. The question is how they interact. By reinforcing our investigations on underlying molecular events and mechanisms of interaction between CD4<sup>+</sup>CD25<sup>+</sup> T regs and DCs, and extending our studies to autoimmune diseases, chronic inflammation, transplantation, cancers, bacterial and HIV infections, it may become possible to manipulate host offense and defense.

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**Key Words:** DCs, CD4<sup>+</sup>CD25<sup>+</sup> Treg, TGF- $\beta$ , Foxp3, Cytokine, IL-6, IL-10, Anergy, indoleamine 2,3-dioxygenase, CTLA-4, GITR, Review

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